KINDYGYM AUSTRALIA CLASS PROGRESSIONS

Children can join the program at any point. The emphasis is on cultivating gymnastics skills alongside promoting cognitive, emotional, and social growth at various stages across a 12 -month period.

Our team understands that every child is different and will progress at their own pace, coaches will remain in constant communication as to where your child is most suited to maintain a positive experience.











KINDY CUBS

0 - 12 months old

PEEK A BOO

1 - 2 years old

KINDYGYM

2 - 3.5 years old OR

Kindygym Siblings

2 - 5 years old

KINDY REC

3 - 4 years old

KINDY FIT

4 - 5 years old **OR**

LITTLE FIT

Selective Program

Parent Participation

Non - Parent Participation